



ANIL NEERUKONDA INSTITUTE OF TECHNOLOGY & SCIENCES (A)
DEPARTMENT OF MECHANICAL ENGINEERING
(Permanently Affiliated to Andhra University, AICTE, Accredited by NBA NAAC with 'A' Grade)
Sangivalasa-531162, BheemunipatnamMandal, Visakhapatnam Dt.
Phone 08933-225084, 226393

27-08-2019.

To
The Principal
ANITS

Sir,

Sub: permission for organising guest lecture-reg.,

It is bring to your kind notice that, a guest lecture is arranged for 1/4 B.Tech Mech. Engg students on the topic " Stress Management " by Brahma Kumari Sister Madhuri on 28-08-2019 from 10:30AM to 12:00 noon. Kindly grant permission for organising the guest lecture.

Venue:AC central auditorium

S/c HOD 27/8/19
Mech. Engg.



Head of the Department
Department of Mechanical Engineering
Anil Neerukonda Institute of Technology & Sciences
Sangivalasa - 531162

sent

(24)
Principal
Anil Neerukonda Institute of
Technology & Sciences
Sangivalasa-531 162
Visakhapatnam Dist

BRAHMA KUMARI SISTER MADHURI

The whole world steps aside for the one who knows where they are going!

Brahma Kumari Sister Madhuri has taken her Bachelor Degree in Electronics and Communication Engineering. Her association with the Brahma Kumaris began at a very early age. Since her childhood, she has been interested in the application of spiritual principles in real life to bring out the best results, be it in any field. Later, setting a positive role model for the younger generations, she has dedicated her life to Brahma Kumaris World Spiritual Organization for the cause of socio-spiritual educational service.

Ever since, she has been instrumental for inspiring and guiding people of various sections of the society, students in particular. She has given lectures and conducted classes in Steel Plant, HPCL, Income Tax Department, Forest Department, NAVY, Coast Guards, Border Security Forces, Police Department, CRPF, Andhra University, GITAM University, LAW University etc. and is a regular visiting faculty of many training institutes and educational institutions.

Her areas of interest and specialization are Raja Yoga Meditation, Emotional Mastery, Positive Thinking, Stress Management, Anger Management, Stimulating the Inner Spirit (specially designed for students), Strategies for Success etc. Apart from these, she is trained and well-experienced in the programs of 'Health in your Hands' - a module that combines meditation with physical exercises; and 'Values in Healthcare' - a module that helps healthcare professionals take a fresh value-based approach. She has also given TV talks.

All the faculty are
requested to utilize this opportunity
& advised to attend the lecture on
Stress Management
Time: 10:30AM to 12:00 Noon.
Venue: AIC Auditorium
Dt: 28/8/19.

27/8/19.
Head of the Department
Department of Mechanical Engineering
Sanghwalasa - 531162



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 Phone 08933-225084, 226195

Time: 10:30 AM to 12:00 NOON
 Induction Programm For 1st Year Students

Guest lecture on
 "Stress Management" by
 Brahma kumar sis Madhuri

Date: 28/8/2019

S. No	Admission.No	Name Of Student	Signature
1	Mech 167	B. Venkatesh	[Signature]
2	Mech 041	M. Sai sampath	M. Sai sampath
3	Mech 047	A. L. Prasanna Kumar	A. L. Prasanna Kumar
4	Mech 135	L. Sai Teja	[Signature]
5	MECH 008	S. JASWANTH CHARAN	[Signature]
6	Mech 136	V. Tarun	V. Tarun
7	Mech 166	S. Satya Sai Kiran	[Signature]
8	Mech 159	O. Varaha Jaya Krishna	O. V. Jay Krishna
9	Mech 091	G. Teja Sai Krishna (TSK)	[Signature]
10	007	Yash Agarwal	[Signature]
11	MECH-235	N. Venkata Teja	N. Venkata Teja
12	Mech-080	P. Ram Kumar	[Signature]
13	IT-133	G. Nani Prasad	[Signature]
14	Mech 216	B. Venkata padmanabha Raju	[Signature]
15	mech 201	K. Adithyan	[Signature]
16	mech 173	A. Sandeep Kumar	[Signature]
17	Mech 182	V. V. S. Ravi Shankar	[Signature]
18	mech 110	S. Yadidiah Sundar	[Signature]
19	mech 215	K. Varanath Raju	[Signature]
20	Mech 227	M. JASWANTH KUMAR	[Signature]
21	Mech 029	K. REVANTH	[Signature]
22	Mech 033	N. Mohan	[Signature]
23	Mech 053	S. Manoj Kumar	[Signature]
24	Mech 223	G. Girish	[Signature]
25	Mech 127	I. Naveen Kumar	[Signature]
26	mech 022	Sandeep	[Signature]
27	Mech-086	B. Vamsi Krishna	Vamsi Krishna B
28	Mech - 105	R. Naveen Kumar	[Signature]
29	Mech - 117	N. KARAN PrITH	[Signature]
30	Mech - 109	S. Joel Sundar	[Signature]

in 14 / 28/8/19

HOD
 Mechanical Engg.

Head of the Department
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 Sangivalasa 531162



Induction Programm For 1st Year Students

Date : 28/8/2019

S. No	Admission.No	Name Of Student	Signature
1	MECH 210	DASARI S.R.V. ADUN Tejesh	[Signature]
2	MECH 095	Thuripati. Jaji Babu	T. Jaji Babu
3	MECH 160	K. MUKESH BABU	K. Mukesh
4	MECH 0015	Uttam Kumar Sha	Uttam Kumar
5	MECH-026	SHAIK.FACI UDDIN	Shaiq Uddin
6	MECH-088	M. Chay Kumar	M. Chay Kumar
7	MEC 003	G. Murali	G. Murali
8	MEC-062	Ch. Anand	Ch. Anand
9	MEC - 139	V. Rama	V. Rama
10	MEC - 171	P. Venkata Praveen	P. Venkata Praveen
11	MECH 218	A. Sandeep Kumar	A. Sandeep Kumar
12	MECH 161	P. Balaji	P. Balaji
13	MECH-117	G.S.D.V. Phani Sai Teja	G. Sai Teja
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 "Stress Management"
 by Brahma Kumaris Sis Bhadur

No	Admission.No	Name Of Student	Signature
1	Mech 019	P. Lakshman Kumar	P. Lakshman Kumar
2	Mech 068	B. Dheseera	B. Dheseera
3	Mech 054	B. Saikiran	B. Saikiran
4	MECH 016	E. Harshavardhan	E. Harshavardhan
5	MECH 097	B. Anirudh	B. Anirudh
6	Mech 014	A. Leelachay	A. Leelachay
7	Mech 169	M. Teja Swaroop	M. Teja Swaroop
8	Mech 052	Y. David	Y. David
9	Mech 153	K. Tarun	K. Tarun
10	MECH 126	M. Harshavardhan Naidu	M. Harshavardhan Naidu
11	MECH 133	G. Suresh Babu	G. Suresh Babu
12	MECH 158	K. Devala Prasad	K. Devala Prasad
13	MECH 157	B. Sunil	B. Sunil
14	Mech 087	T. Sai Sampath	T. Sai Sampath
15	Mech 094	M. Vasuvarth Kumar	M. Vasuvarth Kumar
16	MECH 212	K. Sai Dharamneesh	K. Sai Dharamneesh
17	Mech 205	O. Sai Reddy	O. Sai Reddy
18	061	V. Madhu Abhinav	V. Madhu Abhinav
19	Mech 168	Ch. Prem Sai	Ch. Prem Sai
20	Mech 053	N. Suyash	N. Suyash
21	Mech 017	K. A. Hussain	K. A. Hussain
22	Mech 055	Y. Phanindra	Y. Phanindra
23	Mech 203	M. Dhanu Prasad Rao	M. Dhanu Prasad Rao
24	Mech 062	Sulhan Paul	Sulhan Paul
25	Mech 051	Aniket JAS	Aniket JAS
26	Mech 024	B. Bharu	B. Bharu
27	Mech 009	T. L. S. V. Vinay	T. L. S. V. Vinay
28	Mech 175	G. Manu	G. Manu
29	IT-160	S. Tej Mohammed Mohibud Siddiqi	S. Tej Mohammed Mohibud Siddiqi
30	IT-014	SK. Kishan.	SK. Kishan.

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S. No	Admission.No	Name Of Student	Signature
1	IT-159	A. Durga Bhaskar Reddy	A. Reddy
2	CSE-111	B. Ram Veepak	B. Veepak
3	CSE-135	A. Jagadhe	A. Jagadhe
4	IT-126 IT-126	P. Mahesh Babu	P. Mahesh Babu
5	IT-080	U. Krishna Kousik	U. Kousik
6	CSE-099	G. Sai Kanth	G. Sai Kanth
7	MEch-043	SK. Aqil Ahmed	SK. Aqil Ahmed
8	Mech 059	R. Dinesh	R. Dinesh
9	IT-093	A. Anushman	A. Anushman
10	IT-059	B. JAYA KUMAR	B. JAYA KUMAR
11	IT-164	M. D. Ashrak	M. D. Ashrak
12	IT-181	Y. Krishna Teja	Y. Krishna Teja
13	MECH028	Y. U. S. Bhaskar	Y. U. S. Bhaskar
14	IT-041	M. Srinidha Reddy	M. Srinidha Reddy
15	IT-168	O. Chandrashekhara Prasad	O. Chandrashekhara Prasad
16	IT-062	K. Santan Chandan	K. Santan Chandan
17	IT-069	B. Kasi Viswanadh	B. Kasi Viswanadh
18	IT-147	A. Chanukya Gindeep Kumar	A. Chanukya Gindeep Kumar
19	IT-166	M. Johnson	M. Johnson
20	IT-161	B. Praneeth Kumar	B. Praneeth Kumar
21	IT-070	D. SIVA TEJA REDDY	D. SIVA TEJA REDDY
22	CSE-004	J. Praveen Kumar	J. Praveen Kumar
23	CSE-064	P. P. Sai Kumar	P. P. Sai Kumar
24	CSE-085	K. M. V. Prasad	K. M. V. Prasad
25	CSE-124	K. Teja Rajeswar	K. Teja Rajeswar
26	CSE-082	T. Sunzel Kumar	T. Sunzel Kumar
27	IT-162	G. Harsha Chandan	G. Harsha Chandan
28	IT-031	M. Sai Varshan	M. Sai Varshan
29	IT-026	K. Jincy	K. Jincy
30	IT-027	K. Anil Kumar	K. Anil Kumar

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Date: 28/8/2019

S. No	Admission.No	Name Of Student	Signature
1	IT 112	S. Vaangi	[Signature]
2	IT 057	M. D. Sai	[Signature]
3	IT-118	V. Dinesh	[Signature]
4	IT-163	Balu	[Signature]
5	IT-091	N. Praveen Sai	[Signature]
6	CSE-194	Yash Upadhyay	[Signature]
7	CSE-53	M. Bhuvan Prakash	[Signature]
8	CSE-50	M. V. Sravan	[Signature]
9	CSE-TT	M. Tarun Kumar	[Signature]
10	CSE-041	Sk. Ahmed Raizhan Khan	[Signature]
11	IT-049	K. Gunvanth	[Signature]
12	IT-073	G. Gowthama Varma	[Signature]
13	IT-067	M. N. V. SAI CHARAN	[Signature]
14	IT-060	B. Kiran Manoj	[Signature]
15	IT-120	K. S. Srinivas	[Signature]
16	IT-062	G. V. S. Abhinav	[Signature]
17	IT-074	B. Sai Deepak	[Signature]
18	IT-084	S. Jyoti	[Signature]
19	IT-013	P. Hanu Krishna	[Signature]
20	IT-058	K. Varun Sai	[Signature]
21	IT-184	B. Divya Kumar	[Signature]
22	IT-122	M. Kavitha	[Signature]
23	Mech-030	D. Leela Aditya Pavan	[Signature]
24	Mech-031	S. N. Anesh Naidu	[Signature]
25	Mech 221	B. Bhadrath Kumar	[Signature]
26	Mech 183	R. Mani Deepak	[Signature]
27	Mech 027	N. Sai	[Signature]
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HOD
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A GUEST LECTURE ON "STRESS MANAGEMENT" BY BRAHMA KUMARI SISTER MADURI

2019/07/19