

**ANIL NEERUKONDA INSTITUTE OF TECHNOLOGY & SCIENCES**  
**'UGC AUTONOMOUS'**

(Affiliated to AU, Approved by AICTE & Accredited by NBA & NAAC with 'A' Grade))  
Sangivalasa 531 162, BheemunipatnamMandal, Visakhapatnam Dist

**DEPARTMENT OF CHEMICAL ENGINEERING**

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Dt :25-02-2021

**DEPARTMENT CIRCULAR**

**FOR THE ATTENTION OF B. TECH III/IV & IV/IV STUDENTS**

It is here by informed that Department of Chemical engineering ANITS is organizing an event to reduce stress and improve focus of students " Meditation for students" on 27-02-2021 at department seminar hall by Prof. S.Subba Rao . In this regard all the students of IV/IV and III/IV B.Tech Chemical engineering are requested to attend the session without fail.

Thank you



Dr.Anjali Dasari  
(Faculty Cordinator)



Dr.Ch.Anil  
(HOD,Chemical)

HEAD,  
DEPARTMENT OF CHEMICAL  
ENGINEERING

### Report On Meditation session

A few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily-in both the body and mind. Pranayama and meditation are effective techniques to release stress. Meditation is Relaxation which gives calm mind, good concentration and Rejuvenation of the body and mind etc. Particularly for young students, Yoga is a great remedy to remove their tensions. A session for Development of Life skills – “Meditation for students” was conducted on the 27th of February 2021 at the Seminar hall, Department of Chemical Engineering by Prof. S.Subba Rao, Professor, Department of Chemical Engineering, ANITS as a facilitator. The session was attended by 93 students from final and Pre-final year of B.Tech Chemical Engineering. Prof. S.Subba Rao has handled the session with high level of dedication. He has also suggested remedies for personal health problems to the participants with lot of patience.



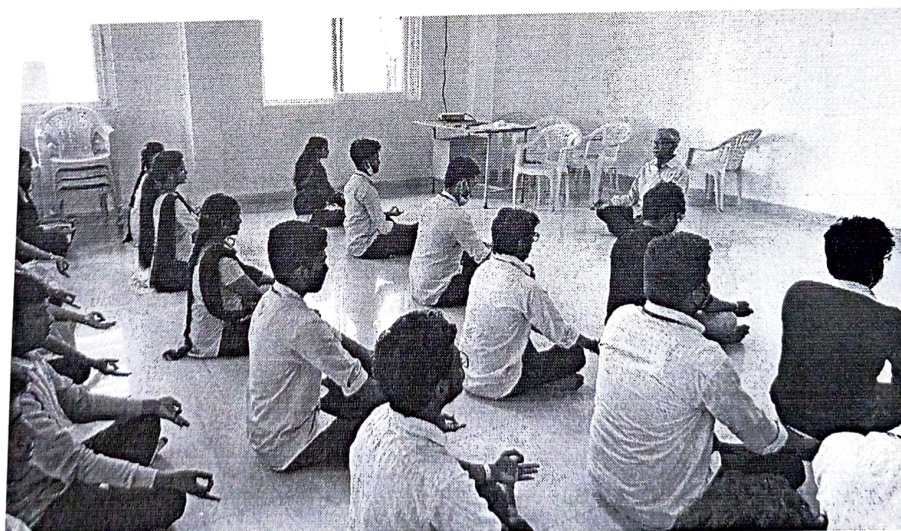
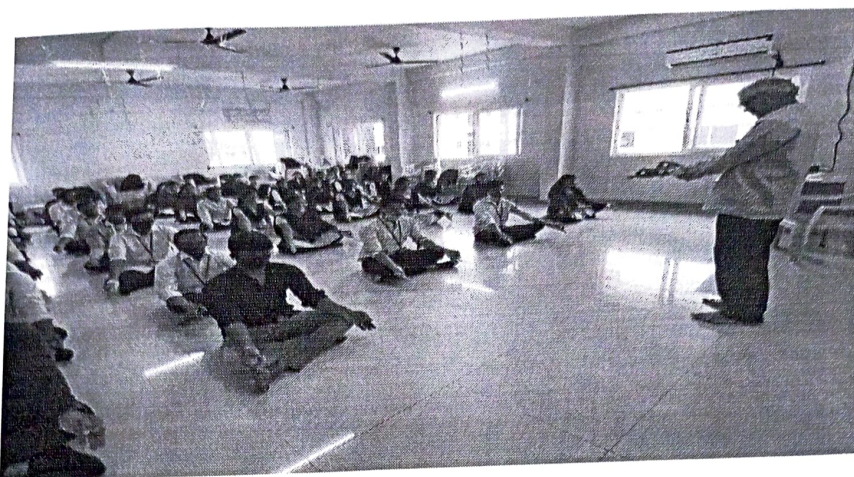
Dr.Anjali Dasari  
(Faculty Cordinator)



Dr.Ch.Anil  
(HOD,Chemical)

HEAD,  
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**Photos of Meditation session**



**Life skills: Meditation for students**

*Dejaki*

*Ch. Anil*

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SANGIVALASA 531 162, BIHEMUNIPATNAM MANDAL, VISAKHAPATNAM DIST

DEPARTMENT OF CHEMICAL ENGINEERING

III/IV B.Tech  
Meditation for students on 27-02-21

Sl. No.	Roll No.	Name of the Student	Signature of the Student
1	318126502019	KUNDEM GURU MANIKANTA	
2	319126502001	BANDARU PRATYUSHI KUMAR	
3	319126502002	BURADA RADHA SAI	
4	319126502003	CHANDRA MAHANTI VENKATA DURGA PRASAD	
5	319126502004	CHINTAKAYALA RANI	
6	319126502005	DEVU VENKATA SAI RAGHAVA	
7	319126502006	DORNALA VISHNU VARDHAN REDDY	
8	319126502007	GANTI MAHAPATRUNI VAISHNAVI	
9	319126502008	GONNABATHULA SRI SIVA SATYA NIKHILA	
10	319126502009	KONATHALA CHOLA GOWRI VENKATA AKSHAY	
11	319126502010	KOTNI MUTYALA RAHUL	
12	319126502011	LANKALAPALLI NAVEEN KUMAR	
13	319126502012	NEELAPU DANIEL	
14	319126502013	PEETHALA SAI CHARAN	
15	319126502014	POTNURU RAHUL	
16	319126502015	SAYED FAYAZ	
17	319126502016	SIGATAP HEMA CHAND	
18	319126502017	SIGIREDDY CHANDRA SEKHAR	
19	319126502018	TIRRI UDAY	
20	319126502019	YELAMARTHI SAI GOWTHAM	
21	319126502020	YETUKURI VAMSI KRISHAM RAJU	
22	320126502L01	MEDISETTI AKHIL	
23	320126502L02	DODDI BHARANI KUMAR	
24	320126502L03	BODDAPU SUNITHA DEVI	
25	320126502L04	BATTI MALATHI	
26	320126502L05	KOMMU ESWARA RAO	
27	320126502L06	POTHULA SAI SUBRAHMANYAM	
28	320126502L07	PEDDADA SUSHRUTH SAI KUMAR	
29	320126502L08	DIMILI YOGESWARABABU	
30	320126502L09	VATHADA MANIKANTA	
31	320126502L10	DIMILI TEJA	
32	320126502L11	SAMMIDI KUMARI	
33	320126502L12	MYLIPILLI SAI ROSHITHA	
34	320126502L13	DODDI MAHESH	
35	320126502L14	BEVARA NAVEEN	
36	320126502L15	PAISAKA CHANDRIKA	

37	320126502L16	KOLATI VIJAY VARMA	K. Vijay Varma
38	320126502L17	TAMADA AJAY KUMAR	T. Ajay Kumar
39	320126502L18	RAPETI GANESWAR	R. Ganeswar
40	320126502L19	MADICHERLA ASWANI RAM	M. Ashwin Ram
41	320126502L20	VAKADA SRAVANI	V. Sravani
42	320126502L21	KOTA PEDALOVARAJU	K.P. Lovaraju
43	320126502L22	KANDREGULA MANOHAR	K. Manohar
44	320126502L23	PERAPU NAVEEN	P. Naveen
45	320126502L24	SYED MOHAMMAD DAREED	S. Dareed
46	320126502L25	YAMALA RAM KIRAN KUMAR	Y. Ram Kiran
47	320126502L26	KONA GANGU NAIDU	K. Gangu
48	320126502L27	MUSKAN	Muskan
49	320126502L28	Y V SURYA KANKA AKHILA	Y V M K Akhila
50	320126502L29	APPIKONDA KUSUMA	
51	320126502L30	NEDUNURI PRASANNA KUMAR	
52	320126502L31	ALABANI GANESH	
53	320126502L32	CHADARAM MOULI	
54	320126502L33	BONDA GUNA SREE	B. Guna
55	320126502L34	ATTA VAMSI	A. Vamsi
56	320126502L35	N.NARESH	
57	320126502L36	BHUDDHA SURESH	B. Suresh

Dijali

Total: (42)  
Dijali

As Anil

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DEPARTMENT OF CHEMICAL ENGINEERING

IV/IV B. Tech



meditation for students on 27-02-2021

Sl. No.	Roll No.	Name of the Student	Signature of the Student
1	318126502001	AKULA LOKESH	A. Lokesh
2	318126502002	B SATYA SRINIVAS REDDY	
3	318126502003	BAGGAM V N S PAVAN KUMAR	B.V.N.S Pavan Kumar
4	318126502004	BOLLAPRAGADA V N S GNANA SUDAR	B.V.G. Gnanasudhar
5	318126502005	DUNGALA LAVANYA	D. Lavanya
6	318126502006	GANAPATHIRAJU SURENDRA	G. Surendra
7	318126502007	GANDI JAGADEESH	
8	318126502008	GANDIBOINA SRUJAN	
9	318126502009	GORLE PRASANTH KUMAR	
10	318126502010	GOTTAPU LOKESH	G. Lokesh
11	318126502011	GUTHULA SAI HARSHAVARDHAN	G. Harsha
12	318126502012	I V R K N S ANIKETH	Aniketh
13	318126502013	K K SANTOSHI HARIKA	K. Santoshi
14	318126502014	KADIMISETTY SRI TEJASHWINI	K. Tejaswini
15	318126502015	KANCHARLA LIKITHA	Likitha
16	318126502016	KANUMILLI TEJASWI	Tejaswi
17	318126502017	KARI VINAY GUNA SEK HAR	Vinay
18	318126502018	KARRI SUMANO HAR	R. Sumanohar
19	318126502020	MEDIBOINA JAGADEESH KUMAR	J. Jagadeesh
20	318126502021	MUDDADA VENKATA GOVINDA HEMANT	M. Hemant
21	318126502023	PALURI YESWANTH SAI KUMAR	P. Yeswanth Sai Kumar
22	318126502024	PARUCHURU HARSHA VARDHAN BABU	P. Harsha
23	318126502025	PEDADA ANITHA	P. Anitha
24	318126502026	PINAPATRUNI VARUN SRI PAVAN	P. Varun
25	318126502027	RAGHUPATRUNI PRASHANTH	R. Prashanth
26	318126502028	RAJANA DINESH	R. Dinesh
27	318126502029	SALADI GOWTHAM	S. Gowtham
28	318126502030	SATYALA SRAVANI	S. Sravani
29	318126502031	SHAIK JANIBASHA	S. Janibasha
30	318126502032	SINDHUJA KRISHNA VENI VAJJALA	S. Veni
31	318126502033	SYED SHAMEER RAYAN	S. Shameer
32	318126502034	TEKKAM UDAY BHASKAR	T. Uday Bhaskar
33	318126502035	THAMATAPU MANIKANTA	T. Manikanta
34	318126502036	THOTAKURA VENKATA ANUDEEP NAID	T. Anudeep
35	318126502037	VEDANAPARTHY CHETANA	V. Chetana

36	318126502038	YERRA LAXMI VARA PRASANNA	<i>Suprasanna</i>
37	319126502L01	VADAPALLI RAMA MURTHY	<i>Rama Murthy</i>
38	319126502L02	TENTU SAI KIRAN	<i>T. Sai Kiran</i>
39	319126502L03	KONETI VENKATA VINAY	<i>K. Venkata Vinay</i>
40	319126502L04	GARIKINA SAI NIVESH	<i>G. Nivesh</i>
41	319126502L05	ARJILLA UMA MOHAN KRISHNA	<i>A. Uma Mohan Krishna</i>
42	319126502L06	MEDISETTI SAI MANIKANTA VINAY	<i>M. Sai Manikanta Vinay</i>
43	319126502L07	YANDRU DURGA PRASAD	<i>Y. Durga Prasad</i>
44	319126502L08	POLANI VISWANADH	<i>P. Viswanadh</i>
45	319126502L09	BODABALLA SANDHYA	<i>B. Sandhya</i>
46	319126502L10	MURAPALA ARUNA VASAVI	<i>M. A. Vasavi</i>
47	319126502L11	MERUGU SAI KIRAN	<i>M. Sai Kiran</i>
48	319126502L12	EETHAKOTA DANIEL	<i>E. Daniel</i>
49	319126502L13	REDDY VAMSIDHAR	<i>R. Vamsidhar</i>
50	319126502L14	SHAIK MANSOOR HUSSAIN	<i>Sh. Mansoor Hussain</i>
51	319126502L15	MONDI KANAKA GIRIJA RANI	<i>M. Kanaka Girija Rani</i>
52	319126502L16	YELAMANCHILI NARAYANA MURTHY	<i>Y. N. Murthy</i>
53	319126502L17	KOTHALANKA MUTYALA NAIDU	<i>K. Mutyala Naidu</i>
54	319126502L18	MYLAPALLI PRASAD	
55	319126502L19	DEVARAPALLI EFRAIM	<i>D. Efraim</i>
56	319126502L21	BATHINA JAGADESWARI	<i>B. Jagadeswari</i>

*Qujali*

Total (51)

*A. A. Ail*

HEAD,  
DEPARTMENT OF CHEMICAL  
ENGINEERING